

CODE OF CONDUCT FOR Hargrave Aquatics

ROLES AND RESPONSIBILITIES:

Swimmers-

1. Respect your teammates, coaches, officials and opponents at all times.
2. Give 100% effort at each practice and meet.
3. Support and encourage your teammates.
4. Set a positive example.
5. Display good sportsmanship at all times both on and off the pool deck.
6. Don't be afraid to make a mistake; that's part of learning.
7. Listen to and learn from your coaches.
8. Be modest in victory and gracious in defeat.
9. Have fun!

Parents-

1. Teach and practice good sportsmanship at all meets and practices. You are role models!
2. Respect the sport. Respect the officials. Respect the coaches. Respect other parents, who often serve as volunteers.
3. Do not coach your child. Let swimmers swim and coaches coach, and support both positively.
4. NEVER criticize other swimmers, coaches, or officials regardless of the circumstances. Take issues to the coach privately.
5. Emphasize the FUN of the sport and the benefits of training, competing, and putting forth effort at all times. Do not emphasize winning or beating another swimmer.
6. VOLUNTEER

Parent signature: _____ Date:_____

Swimmer's signature: _____ Date:_____