

ACKNOWLEDGEMENT OF RISK AND INSURANCE STATEMENT

I give permission for _____ to participate

(Please print Cadet's name)

in the sports checked below while enrolled at Hargrave Military Academy:

- | | | | |
|------------------------------------|---|-----------------------------------|--------------------------------|
| <input type="checkbox"/> Football | <input type="checkbox"/> Cross
Country | <input type="checkbox"/> Soccer | <input type="checkbox"/> Track |
| <input type="checkbox"/> Wrestling | <input type="checkbox"/> Basketball | <input type="checkbox"/> Swimming | |
| <input type="checkbox"/> Baseball | <input type="checkbox"/> Golf | <input type="checkbox"/> Tennis | |

(Please note: Middle-school Cadets are eligible for JV basketball, soccer, JV tennis, and JV baseball only. Postgraduate Cadets are eligible for PG basketball only.)

Statement: I have reviewed the individual eligibility rules, and I am aware that with the participation in sports comes the risk of injury to my child. I understand that the degree of danger and the seriousness of the risk vary significantly from one sport to another, with contact sports carrying the higher risk factor. I understand that the dangers and risks of playing or practicing in these activities includes death, serious neck and spinal injuries which may result in complete or partial paralysis or brain damage, serious injury to bones, joints, ligaments, muscles, tendons and other aspects of my body, general health and well-being. I understand and accept that participation in interscholastic competition may increase my child's exposure to COVID-19. I understand that each Hargrave Cadet has accident insurance coverage through the school, which is a secondary coverage. I understand that each Cadet is required to have a primary medical insurance policy, and I agree to comply with this requirement.

The Cadet named herein is insured by:

Name of insurance company: _____

Policy number: _____

I am aware that participation in sports will involve travel with the team(s) involved, and I grant permission for the Cadet named herein to participate and travel with his team. I understand and accept that traveling to and from games and events may increase my child's exposure to COVID-19.

I give my consent and approval for the Cadet named herein to receive a physical examination at my expense by Hargrave's physician if such Cadet cannot provide records of a current physical examination upon matriculation. I also give permission for any necessary emergency medical and/or dental treatment or consultation related to the sports named herein.

Parent/guardian signature: _____

Date: _____

Parent/Athlete Concussion Information Sheet

A concussion is a type of traumatic brain injury that changes the way the brain normally works. A concussion is usually caused by a bump, blow, or jolt to the head or body that causes the head and brain to move rapidly back and forth. Even a “ding,” “getting your bell rung,” or what seems to be a mild bump or blow to the head can be serious.

Signs and symptoms of concussion can show up immediately after the injury or may not appear or be noticed until days or weeks after the injury. If an athlete reports *one or more* symptoms of concussion listed below after a bump, blow, or jolt to the head or body, he should be kept out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says he is symptom-free and authorizes his return to athletics.

Signs Observed by Coaching Staff

- ▶ Appears dazed or stunned
- ▶ Is confused about assignment or position
- ▶ Forgets an instruction
- ▶ Is unsure of game, score, or opponent
- ▶ Moves clumsily
- ▶ Answers questions slowly
- ▶ Loses consciousness (even briefly)
- ▶ Shows mood, behavior, or personality changes
- ▶ Can't recall events *prior* to hit or fall
- ▶ Can't recall events *after* hit or fall

Symptoms Reported by Athletes

- ▶ Headache or “pressure” in head
- ▶ Nausea or vomiting
- ▶ Balance problems or dizziness
- ▶ Double or blurry vision
- ▶ Sensitivity to light
- ▶ Sensitivity to noise
- ▶ Feeling sluggish, hazy, foggy, or groggy
- ▶ Concentration or memory problems
- ▶ Confusion
- ▶ Just not “feeling right” or “feeling down”

Concussion Danger Signs

In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. An athlete should receive immediate medical attention if after a bump, blow, or jolt to the head or body he exhibits any of the following danger signs:

- ▶ One pupil larger than the other
- ▶ Is drowsy or cannot be awakened
- ▶ Headache that not only does not diminish, but gets worse
- ▶ Weakness, numbness, or decreased coordination
- ▶ Repeated vomiting or nausea
- ▶ Slurred speech
- ▶ Convulsions or seizures
- ▶ Cannot recognize people or places
- ▶ Becomes increasingly confused, restless, or agitated
- ▶ Has unusual behavior
- ▶ Loses consciousness (*Even a brief loss of consciousness should be taken seriously.*)

If an athlete has a concussion, his brain needs time to heal. While an athlete's brain is in the healing process, he is much more likely to have another concussion. Repeat concussions can increase the time it takes to recover. In rare cases, repeat concussions in young athletes can result in brain swelling or permanent damage to their brains. *They can even be fatal.*

If we suspect a Hargrave athlete has a concussion he will be removed from play, and medical attention will be sought. The coach will not try to judge the severity of the injury. The coach will keep the athlete

out of play the day of the injury and until a health care professional, experienced in evaluating for concussions, says he is symptom-free and authorizes his return to athletics.

All student-athletes will undergo ImPACT neurocognitive baseline objective testing measurements at the beginning of the school year, prior to participating in any practice, strength and conditioning sessions, and/or competing in any interscholastic athletic events. Should a concussion be sustained, this assessment provides an "individualized normal" in order to compare post-injury results. ImPACT is a computerized concussion evaluation system. The ImPACT test is not designed to diagnose a concussion; it is, rather, one part of the overall concussion evaluation and management process.

Rest is essential to helping an athlete recover from a concussion. Exercising or activities that involve a lot of concentration, such as studying, working on the computer, or playing video games may cause concussion symptoms to reappear or get worse. After a concussion, returning to sports and school is a gradual process that will be carefully managed and monitored by a healthcare professional.

By signing below, you agree that you have read and understood the above, and you agree to submit to Hargrave's policies, regarding injuries as detailed herein.

Cadet's name: _____

Cadet's signature: _____ Date: _____

Parent/guardian signature: _____

Date: _____

TECHNOLOGY ACCEPTABLE USE POLICY

Hargrave Cadets are expected to apply the Hargrave Honor Code to all school activities, including those involving the use of their personal computing devices, Hargrave's computers, computer peripherals and network, whether accessing them while on campus or off campus. Hargrave expects that your behavior in the electronic world will reflect the same standards of honesty, respect, and consideration that you use face-to-face with others. The following is a list of what Hargrave Military Academy considers honorable uses of technology for all Cadets:

Honorable Uses of Technology:

- Respecting the privacy of computer accounts:
 - Keep all passwords private
 - Maintain a password on all computing devices
- Supporting the school's computer security systems:
 - Do not install or use proxy or VPN clients
 - Do not use personal WiFi hotspots
- Seeking permission to record or photograph classroom presentations;
- Using computers, software, and other information resources to support learning, complete school assignments, and gain a better understanding of information technologies and their applications;
- Using technology to collaborate with Cadets and faculty in academic and extracurricular school functions;
- Use of the internet to perform research, related to academic and extracurricular school functions, and to communicate with scholars, students, and specialists outside of campus to improve knowledge and advance academic work;
- Respecting the registration policies of age-restricted online services (e.g., Facebook, Twitter, Instagram, etc.);
- Representing your own views, and not those of others, in any form of electronic communication;
- Providing appropriate scholarly attribution to any materials gathered using information technology;
- Adhering to all federal copyright laws:
 - Do not use Torrent software to download copyrighted material
 - Do not share copyrighted material with other Cadets
- Respecting network bandwidth,
- Limiting recreational use of public computers and yielding public computers to others who need them for school work;
- Respecting your personal contact information and that of others; and
- Protecting loaned equipment from damage or theft. (Financial costs may be incurred up to and including total replacement value).

Parent/guardian signature: _____ Date: _____

CADET CHECK-OUT PERMISSION FORM

I, _____

Parent/Guardian(s) of Cadet _____

give permission for my Cadet (*named herein*) to be checked out from Hargrave Military Academy only by the following authorized adult(s) for such reasons as dinner pass, open weekends, and holidays. I agree that this person/these persons may check out the Cadet named herein once or more than once during the **2023-24** academic year. ***Permission to release Cadet(s) must support legal custodial arrangements as outlined in your custody agreement.***

Name: _____

Relationship to Cadet: _____

Address: _____

Phone: _____

Name: _____

Relationship to Cadet: _____

Address: _____

Phone: _____

Name: _____

Relationship to Cadet: _____

Address: _____

Phone: _____

Parent/guardian signature: _____ Date: _____

DRUG AND ALCOHOL POLICY

In an effort to create a drug-and-alcohol-free environment at Hargrave Military Academy, the following policy has been established. This policy is designed to (1) keep illicit drugs, drug paraphernalia, and alcohol off the campus of Hargrave Military Academy; (2) eliminate any abuse or misuse of medication, glue, and/or aerosol sprays and other inhalants; (3) discipline Cadets who become involved with illicit drugs, drug paraphernalia, and/or alcohol while on campus at Hargrave Military Academy or in the surrounding community.

To implement this policy, Hargrave Military Academy has established the following regulations and procedures:

- I. Any Cadet found guilty by the Academy Board or any court of competent jurisdiction of an offense relating to the use, distribution, and/or possession of illicit drugs, drug paraphernalia, alcohol or the abuse, misuse, or distribution of medication, to include huffing, aerosol, and other “inhalants” shall be dismissed.
- II. If the President or Commandant has reason to believe that a Cadet is in violation of the above regulation(s), he may order a search of the Cadet’s room and personal belongings, and/or he may order the Cadet to submit to a urinalysis, saliva test, blood test, hair follicle test, breath test, or any other test now in existence or hereafter developed which detects the presence of alcohol, illegal drugs, controlled substances, drugs, or intoxicants; such tests may be administered from time to time at the sole discretion of the Academy. The parent/guardian shall be responsible for all costs associated with such tests. The President will consider a positive drug test sufficient grounds for immediate dismissal. Additionally, a positive drug test, resulting from activity away from the Hargrave Military Academy campus (weekend pass, holiday leave, etc.) does not exempt a Cadet from this policy. *The refusal by a Cadet to submit to such a search, urinalysis or breathalyzer shall be deemed an admission of guilt.* Hargrave Military Academy will use its best efforts to advise parents of a Cadet who has been ordered to submit to such a test, but such notice to parents shall not be a condition precedent to conducting the search, administering the test, or taking appropriate disciplinary action.
- III. Hargrave Military Academy may require without prior notice a biochemical test to a Cadet at any time in an attempt to minimize the negative impact of illegal substances. The cost of such testing is the responsibility of the Cadet’s parent/guardian and will be deducted from the Cadet deposit/account fund.
- IV. The laws of the Commonwealth of Virginia and the policy of Hargrave Military Academy’s Board of Trustees dictate that Hargrave’s campus be a tobacco-free environment. The health and safety of our Cadets depend upon Cadets not using tobacco products; this includes vaping and electronic cigarette (e-cigarettes). This form may not be modified in any way
- V. This policy is applicable to all Students enrolled at Hargrave Military Academy.
 1. Cadets may not possess or use tobacco or tobacco products;
 2. Cadets may not possess or use the electronic cigarette (e-cigarettes);
 3. The use of tobacco products in a manner which endangers the safety and health of others will lead to immediate disciplinary action;
 4. Cadets who sell or provide tobacco products or e-cigarettes to other Cadets may be reported to local police and are subject to dismissal.
- VI. Parents/guardians are asked to support this important health and safety policy by:
 1. Not providing tobacco products to your Cadet or other Cadets;
 2. Not smoking and not allowing your guests to smoke and/or use tobacco products while on the Hargrave Military Academy campus;
 3. Not allowing your Cadet or other Cadets to use tobacco products while off campus on pass or leave;

4. Not allowing your Cadet or other Cadets to use tobacco products in your car or at your home.

Acknowledgment: By signing below, the parent/guardian acknowledges reading, understanding and agreeing to the policy outlined above. This agreement is valid and remains in effect for the entire period that the Cadet named herein is enrolled at Hargrave Military Academy.

Cadet's Name: _____

I, _____, acknowledge that I have read and fully
(Signature of parent/guardian)

understand the contents of this document.

Date: _____

HAZING AND BULLYING PLEDGE

I understand that life in a boarding school community is not dissimilar to life in any town or community. Respect for other members of the community is necessary for successful and enjoyable living. My son will pledge on his honor not to indulge in any form of hazing and/or bullying another member of the Hargrave community. *This includes physical and/or psychological intimidation.*

Cadet's name: _____

Parental Support Agreement: As parent/guardian of the above named Cadet, I agree to fully support the Hazing and Bullying Policy of Hargrave Military Academy. I understand if my Cadet is involved in any activity deemed by the Academy to be hazing and/or bullying, he may be immediately dismissed.

Parent/guardian signature: _____

Date: _____

Parent Portable Electronic Device Usage Agreement

“Hargrave defines a portable electronic device (PED) as any electronic device that connects to the internet and/or can be used to send or receive messages and calls. Examples are: cell phones, iPods, iPads, and small tablets. The Commandant has the discretion to determine if a device is considered a PED if it is not clearly defined in this paragraph.” (HMA Cadet Planner section 308.D).

The Hargrave Portable Electronic Device (PED) Policy is designed to help instruct our Cadets in proper PED use. This tool will be with Cadets for the remainder of their lives, and in particular, will be a part of their life in a collegiate setting. As a college preparatory school, it is incumbent upon Hargrave to give our Cadets the tools to manage and properly use this form of communication.

PED use at Hargrave Military Academy is a privilege. The following policy governs Cadet PED use:

Parents may “opt out” of their Cadet having PED privileges.

- The policy can be changed or altered at the discretion of the President.
- The Commandant will have discretionary authority over PED privileges.
- All phones (and all other electronic devices) will be registered in a master spreadsheet maintained by the Military Department at Cadet Matriculation or when a new device is acquired.
- Cadets are only permitted to have one cell phone on campus.
- For the first three weeks after Matriculation (Fall and Spring) all cadets will be without PEDs following a Cadet’s Matriculation.
- Senior and Post Graduate Cadets will be allowed to have their PEDs during the school week. All other cadets will be required to turn in their PEDs on Sunday evening and will receive them back on Friday evenings.
- Cadets who are without a proper shave or haircut, are on academic restriction, have failed room inspection, or owe accountability tours (bullring, barracks cleanup, buildings and grounds, etc) will not receive their PEDs until they have corrected their deficiencies.

Usage:

- Phones will always stay in silent mode.
- Cadets will not walk inside the buildings and use phones (talk, text, google, etc.)
- Cadets will not use PEDs in the Mess Hall, formation, study hall or class.
- Cadets will not have PEDs in class, during military time, or during chapel.
- Cadets may have phones traveling to sporting events—at the discretion of that sports head coach for that event and/or the Student Activities Director and if authorized by Military Department.
- Cadets will not walk and use PEDs, headphones or earbuds.
- Cadets will surrender the PED—immediately—to any faculty, staff or TAC that instructs a Cadet to do so.
- At Taps, all phones will be switched into the ‘airplane mode’ and placed on the corner of the desk, where they are visible from the door window.
- Each company’s TAC will designate where they are placed in the Cadets’ rooms.

Discipline:

- Tiered punishment process for phone violations:
 - 1st Violation - Loss of device privilege for up to one week
 - 2nd Violation - Loss of device privilege for up to two weeks
 - 3rd Violation - Loss of device privilege for up to three weeks
 - 4th Violation - Loss of device privilege

- Social Media issues and violations are covered under the AUP
- Use of phone for talk, text or hotspot after Taps will be considered a phone violation.

- The following items are prohibited:
 - Wireless personal hotspots (If the device has this capability, families are strongly encouraged to either disable it or put usage restrictions on it. This is to prevent computer usage after Taps.)
 - Dummy PEDs (turning in a device so that they can keep an operational PED) are considered a violation of the Hargrave Honor Code and will result in the loss of PED privileges for the remainder of the semester.
 - Apple watches or those with similar capability.

Note: If a Cadet is dismissed from class or is otherwise dealing with an issue, the Administration (President, Commandant, Dean, Chief of Staff, etc.) will not accept a phone call from any family member until the matter has been investigated and appropriate disciplinary action (if any) has been decided upon.

As a senior or post graduate parent, if you select to “opt-out” of the current PED policy, your son’s PED will be available weekends only, beginning with the conclusion of scheduled time. It will then be turned in before Chapel on Sunday nights. If you are a parent of a 7-11th grade cadet and you “opt-out” of the current PED policy, your son will not be permitted to have his PED while on campus.

As always, we ask that you partner with the Academy in ensuring that your son is not misusing his PED by monitoring his usage during the week and alerting the Academy if there is any excessive usage.

- I would like to opt-out of the current PED policy.
- I understand the current policy and will allow my son to participate in the policy.

Cadet’s name: _____

Parent/guardian signature: _____

Date: _____

SPECIAL ACTIVITIES PERMISSION FORM

I grant permission for my Cadet to participate in any live-fire exercise, pertaining to Skeet shooting, Rifle shooting, Archery, Boy Scouts, or any recreational shooting activity. I also grant permission for my student to participate in High Adventure activities including, but not limited to, Go Kart Driving, Zip Lining, rock climbing, rappelling, canoeing, white-water rafting, snow sports, obstacle courses and other physical activities such as running and jumping. I have full knowledge that there are risks involved even under the best of circumstances.

I understand that my Cadet may be restricted from participating in special activities should their conduct be unsafe, disruptive, violate school policy, or result in disciplinary action.

Should my Cadet be injured or otherwise made uncomfortable or unhappy due to such participation, I will not hold Hargrave Military Academy or its staff liable.

_____ **YES**, my Cadet may participate, and I agree to the above.

_____ **NO**, I do not wish for my Cadet to participate in the activities as outlined above.

_____ **SELECTIVE OPT OUT**, indicate the activities your Cadet is opting out from.

Parent/guardian signature: _____

Date: _____

PAINTBALL WAIVER

I, the undersigned, wish for my son to participate in paintball games (hereinafter referred to as the game). I recognize and understand that playing the game involves running certain risks. Those risks include, but are not limited to, the risk of injury, resulting from impact of the paint pellets used in the game. Injury resulting from possible malfunction of equipment used in the game, and injuries resulting from tripping or falling over obstacles on or about the game playing field. In addition, I recognize that the exertion of playing the game could result in injury or death.

Despite these and other risks, and fully understanding such risks, I will allow my Cadet as named below to play the game. I also hereby hold harmless Hargrave Military Academy and the chosen paintball vendor and indemnify them against any and all claims, actions, suits, procedures, costs, expenses (including, but not limited to, attorney fees and expenses), damages, and liabilities arising out of, connected with or resulting from playing the game, including without limitation, those resulting from the manufacture, selection, delivery, possession, use or operation of such equipment necessary for the game. I hereby release Hargrave Military Academy from any and all such liability, and I understand that this release shall be binding upon the school and any individuals associated with the school. I hereby certify that my Cadet as named below is in good health and does not suffer from a heart condition or other ailment, which could be exacerbated by the exertion involved in playing the game.

The cost of participation will be deducted from my Cadet's Incidental Fund. I understand that Cadets who have signed up for the game but later decide not to play and have not removed their names from the list prior to Mess II on any given Thursday will be charged for the game.

I give permission for my Cadet to participate in Paintball.

I do not give permission for my Cadet to participate in Paintball.

Cadet's name: _____

Parent/guardian signature: _____

Date: _____

Dear Parents and Guardians,

Hargrave successfully controlled COVID-19 outbreaks among cadets, faculty, and staff during the '22-'23 school year. We will continue taking the steps deemed necessary to keep our school community safe, particularly in light of the growing prevalence of the Delta and Omicron variant.

We will:

- Abide by mandates issued by the State of Virginia or changes in state law.
- Generally follow Center for Disease Control (CDC) and Virginia Department of Health (VDH) guidelines and recommendations, including mask wearing and social distancing.
- Sanitize common areas and work spaces.
- Conduct random COVID-19 testing of cadets, faculty, and staff for screening purposes.
- Conduct COVID-19 testing of cadets, faculty, and staff when symptomatic or if we suspect exposure to the virus (contact tracing).
- Quarantine of cadets, faculty, and/or staff when deemed necessary.

Hargrave will continue to administer COVID-19 testing during the '23-'24 school year. Testing will be performed by the Infirmary staff who have been trained to administer the tests. Testing will at times be done randomly (*screening testing*) throughout the school year in order to identify cases as soon as possible and take steps to protect cadets, faculty, staff, and the surrounding community. These screening tests will be free of charge. Testing will also be done when a Cadet, faculty, or staff member exhibits symptoms (*diagnostic testing*) that the Nurse on duty believes warrants a COVID -19 test. The cost of testing symptomatic persons will be \$25. Testing may also be done when Hargrave suspects that a cadet has been exposed but is not exhibiting symptoms.

Hargrave currently administers either COVID-19 IgG/IgM Rapid test, Abbott BinaxNOW antigen test, or a PCR nasal swab test. Testing form used will be at the sole discretion of the Nurse on duty after assessing the patient to be tested.

Testing will be mandatory.

Parents/guardians should expect that we will continue to adjust our COVID policy (including but not limited to rules for mask wearing, social distancing, COVID testing, isolation of those exposed to Covid or confirmed to be COVID positive) as conditions change. Adjustments will be made after review of local area COVID positive cases, recommendations made by the CDC, the VDH, and any Commonwealth of Virginia mandates or changes to state law. As we work to protect the health and safety of the campus community, we will expect consistent compliance with Hargrave COVID protocols by all cadets, faculty, and staff.

Hargrave Military Academy COVID-19 Testing Parental Consent Form (2023-2024)

Cadet Name: _____

Cadet Date of Birth: _____

Parent/Guardian Name: _____

Parent/Guardian phone #: _____

Parent/Guardian Email: _____

By completing and submitting this consent form, I confirm that I am the appropriate parent/legal guardian to provide consent, and that I authorize the administration of COVID-19 screening and diagnostic testing, as deemed necessary by the Infirmary staff, on my son while attending Hargrave. I further understand that my son may be required to remain in the Infirmary for an isolation period, to be determined by the Head Nurse in accordance with current Virginia Department of Health COVID-19 isolation guidelines. By completing and submitting this consent form, I acknowledge that my cadet(s) are required to follow the rules listed in the Hargrave COVID policy and failure to do so may result in dismissal.

Authorized Signatory:

Signature of Parent/Guardian

Relationship to Cadet

Printed Name of Parent/Guardian

Date

Hargrave Military Academy - Residential Life
ROOMMATE COMPATIBILITY QUESTIONNAIRE
(Boarding Students Only)

Name: _____ Age: _____ Grade: _____

The primary goal of room assignments is to promote personal growth, friendships and team building within the barracks. To help facilitate this, when possible, efforts are made to match cadets with a roommate that shares common interests. Other considerations such as age, grade and lifestyle traits identified by this survey are also considered. Please take a few moments to tell us about yourself. Please be honest and answer all questions as this information will help us in determining room assignments for next year.

While we will do our best to make matches based on the information provided, please keep in mind the final decision lies with the Military Department and that no roommate will ever be a perfect match.

1) Have you ever lived away from home before? If so, when and where?

2) Tell us about yourself including hobbies and interests:

3) Please describe yourself by "checking" appropriate squares on the following chart:

Description	Strongly Agree	Somewhat Agree	Neutral	Disagree	Strongly Disagree
I am quiet and would prefer a quiet roommate.					
I am very social and would like a roommate who is outgoing.					
Academics are very important and I plan on studying during my freetime.					
I prefer to study in my room, alone.					
I plan to spend as much time outside of my room in the gameroom, lounges or on activities.					

4) What sports do you play or plan on playing:

5) Please provide any additional information that you feel would help in placing you with the most compatible roommate:

6) Circle the words that you most closely associate yourself with:

Neat Messy Organized Disorganized Punctual Late Early bird Night owl Active Studious Social
Independent Talkative Quiet Listener Adventurous Safe Shy Athletic Involved Lazy Home-body Driven
Creative Natural Trendy Liberal Conservative

7) Do you have a friend that you would prefer to be roommates with?

Thank you for your time in completing this questionnaire, we will do our best to assign a roommate that will best match your interests and personality and look forward to your arrival!